# Piccadilly Soups

rev. October 2018

| Name | Calories (kcal) | Calories from Fat (kcal) | Fat (g) | Saturated Fat (g) | Trans Fatty Acid (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Total Dietary Fiber (g) | Total Sugars (g) | Protein (g) | Portion Size |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Cream of Broccoli Soup | 20 | 10 | 1 | 0 | 0 | 0 | 260 | 3 | 1 | 1 | 1 | 227 g |
| Seafood Gumbo | 140 | 45 | 5 | 1 | 0 | 60 | 1600 | 13 | 2 | 3 | 11 | 305 g |
| Shrimp and Corn Soup | 80 | 10 | 1 | 3 | 4.5 | 65 | 1820 | 26 | 1 | 6 | 10 | 226 g |
| Chicken and Sausage Gumbo | 240 | 150 | 17 | 4 | 0 | 30 | 780 | 10 | 1 | 1 | 12 | 248 g |
| Chicken Noodle Soup | 60 | 5 | 0.5 | 0 | 0 | 5 | 900 | 11 | 0 | 1 | 2 | 226 g |
| Vegetable Soup | 40 | 5 | 0 | 0 | 0 | 0 | 820 | 11 | 2 | 3 | 2 | 226 g |

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